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IN THE NATION**



NORTHSHORE INLINE MARATHON EVENT GUIDE

SEPTEMBER 18-19, 2026 | DULUTH MN

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A Message from the Mayor

Hello Athletes!

Welcome to Duluth! We're glad you're here. We are a community of events, and the Northshore Inline Marathon holds a special place in line up as the world's largest point-to-point inline marathon. No matter which event you will be competing in on race day you will challenge yourself and put your training to the test. I'm an avid runner myself and I know what it takes to get to both the Starting Line AND the Finish Line. I applaud you for your months of training and dedication. I hope while you're here you take the opportunity to relax, shop, check out a new restaurant, and catch some local music. Visit our new Waterfront Plaza along the bay or ride the train, visit the Aquarium, catch the view from Enger Tower, and of course swim in Lake Superior- it's great for your muscle recovery!

Have an amazing race weekend, and we look forward to your return. We'd love to see you again on another visit, or better yet - as a future resident! And when you contemplate that move be sure to check out employment opportunities with the City of Duluth.

Have a great race everyone!

Roger Reinert
Mayor of Duluth





Welcome to Duluth!

Our team is glad to welcome each one of you to the **30th annual NorthShore Events**. Whether you are skating our Inline Marathon, running the Aspirus Health Half Marathon, Rollerskiing the FinnSisu Rollerski Marathon, or toeing the line for any of our other events, we hope you feel welcome at our NorthShore Events and have a great experience this weekend.

Seeing the smiles on our participants and feeling the generosity of all our partners and volunteers who help make our race happen is so rewarding. Reaching the milestone of our 30th annual race since our initial start in 1996 has required heavy lifting by many individuals and organizations that play a part in our Race Organization. We are grateful for all those who have contributed to our legacy and laid the groundwork for us to have been chosen the 2025 Minnesota Best Gold Medal Winner for Best Race Event. Add to that the fact we have been added the 2026 World Inline Cup schedule, our event is being recognized. We couldn't be more proud of where we have been and where we are headed in the future.

Thank you for joining us and have a great weekend on the NorthShore!

Joe Haggenmiller
Director of Operations

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Join The Fun!

Share your NorthShore photos on social and
Tag @NorthShoreInline or @NorthShoreRun to be featured!





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Schedule of Events

Thursday, September 17th, 2026

City Shake Out Run at Blacklist Brewery 6:00 pm
hosted by Tortoise & Hare/Hoops Running Club

Friday, September 18th, 2026

Race Packet Pickup | DECC (Pioneer Hall) 12:00 - 9:00 pm

Skate & Health Expo | DECC (Pioneer Hall) 12:00 - 9:00 pm

Free Inline Skate Repair (Presented by Rollerblade) 12:00 - 9:00 pm
| DECC (Pioneer Hall)

Northern Lights Foundation Kid Sprints Registration 12:00 - 4:00 pm
Sign Up @ Northern Lights Foundation Expo Booth
Free entry for all kids under 14

On Site Registration

Clinics

FinnSisu/Marwe Rollerski Demos

Harley Huskie Meet and Greet

UMD Dance Team/Champ Mascot Meet and Greet

Kids Sprints Registration @ NLF Booth

Kids Inline Sprints

Kids RUN Sprints

Kids Sprints Recognition Ceremony

City Skate (Meet at Finish Line)

City Rollerski (Meet at Finish Line)

Rollerblade Agressive Skating City Skate

Race Day Schedule of Events

Saturday, September 19th, 2026

National Anthems	6:35 am
Half Marathon Inline/Skate Race and Combined Leg 1 Start	6:45 am
Marwe Half Marathon Rollerski Race Start	6:50 am
Aspirus Health Half Marathon Running Race Start	7:00 am
Tunnel 10K Skate Race Start	7:45 am
Finden Tunnel 10K Running Race Start	8:00 am
FinnSisu Rollerski Marathon Race Start	8:30 am
Marathon National Anthems	8:35 am
NSIM WIC / Elite Men "Call Ups"	8:40 am
NSIM WIC / Elite Men Start	8:45 am
NSIM WIC / Elite Women "Call Ups"	8:45:30 am
NSIM WIC / Elite Women Start	8:50 am
NSIM Wave 1 Start / Combined Leg 2 Wave Start	9:00 am
NSIM Wave 2 Start	9:02 am
Rollerblade Party Pace Wave	9:04 am
NSIM Wave 3 Start	9:06 am
NSIM Wave 4 Start	9:08 am
NSIM Wave 5 Start	9:10 am
Podium Ceremony for WIC / Elite Inline Marathon, overall skate combined, all timers, Top 3 overall from the FinnSisu Rollerski Marathon and The Aspirus Health Half Marathon Run	11:30 am
Ala Carte Medal Pick Up for Remaining Awards	12:00 pm - 2:00 pm
Door Prize Pick Up @ NSIM info booth	10:00 am - 4:00 pm
NSIM Oktoberfest After Party Gates Open @ Bayfront	11:00 am - 11:00 pm

General Road Closures

6:00 am - 2:00 pm

OFFICIAL AFTER PARTY

**NORTHSHORE
INLINE MARATHON!**

**FREE
ENTRY**
FOR ALL RACERS
PAGE 30

Skate and Health Expo

Friday 12:00 - 9:00 pm

Friday Expo and NLF Kids Sprints

Packet Pickup	12:00–9:00 pm
On-Site Registration	12:00–8:00 pm
Clinics and Presentations	2:00–8:00 pm
FinnSisu/Marwe Rollerski Demos	3:00–5:00 pm
Harley Huskie Meet and Greet	3:00–4:00 pm
UMD Dance Team Champ Mascot Meet and Greet	3:00–4:00 pm
Kids Sprints Registration at Northern Lights Foundation	12:00–4:00 pm
Kids Sprints - Skating	4:30 pm
Kids Sprints - Running	5:00 pm
Kids Sprints Awards	5:30 pm
Aggressive Skate Meet Up	5:30 pm
City Skate	6:00 pm
City Rollerski	6:00 pm
Skate Equipment Demos from Skate Suppliers	Throughout The Day



Skate and Health Expo

Friday 12:00 - 9:00 pm

Presentations and Group Shake Outs*

2:00–2:30 PM | Fueling for Race Day and Beyond

Presenter: All Star Nutrition Team

2:30–3:00 PM | Skate with the Rollerblade Party Pace Wave

Presenter: Savannah Pasella, Rollerblade

3:00–3:30 PM | Choosing the Right Running Shoe

Presenter: Andy Stukel, Tortoise and Hare

3:30–4:00 PM | Skating Tips and Strategies used by Team Shea Stokes Speed

Presenter: Team Shea Stokes Speed

4:00–4:30 PM | Meet and Greet your Heroes from the World Inline Cup

Presenter: Rollerblade World Team

4:30–5:00 PM | Get Ready to Race your Best - Pre-race Strategies to be Ready at the Start Line

Presenter: Team Sno

5:00 PM | Meet and Greet your Heroes from the World Inline Cup

Presenter: Skaters from World Inline Cup (Featuring Laura Alejaandra Perdomo Moreno, 2025 NSIM Champion and Women's Course Record Holder - 1:04:49.56)

5:30–6:00 PM | Welcome from the World Inline Cup

Presenter: Volker Schlichting

6:00 PM | Rock and Roll Group Skate: Skating led by the Bladies and Rollerskiing led by FinnSisu

Presenter: Bladies/FinnSisu

7:00 PM | Manao/FR Skates World Team - Their Road to Becoming World Class Skaters

Featuring: Nolan Beddiaf, 2025 NSIM Champion and Men's Course Record Holder - 55:22.54

7:30 PM | Inline Legend Eddy Matzger Instructs and Entertains

Presenter: Skate Farm/Eddy Matzger

*times subject to change



Skate and Health Expo

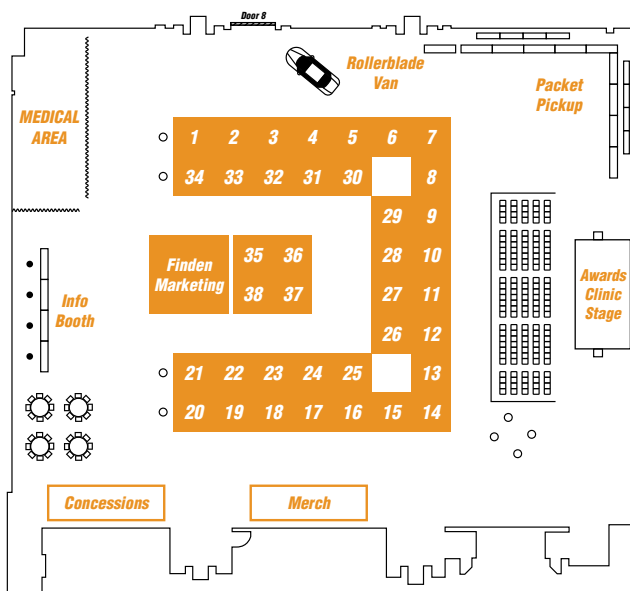
Friday 12:00 - 9:00 pm



North Shore Inline Marathon - Skate & Health Expo

**Friday,
September 18th,
2026**

**DECC North
Pioneer Hall**



Booths

- | | |
|---|------------------------------------|
| 1. Northern Lights/ Midwest Comm | 21. NSIM TICKET DOOR PRIZE |
| 2. K2 Skate | 22. Duluth Biathlon |
| 3. Play it Again Sports | 23. Roller Derby Elite |
| 4. Play it Again Sports | 24. Apostle Island Inline Marathon |
| 5. Inline Warehouse | 25. Zephyr |
| 6. Inline Warehouse | 26. Chirp Hockey |
| 7. Adams Inline | 27. TBD |
| 8. Ambers Impressions | 28. All Star Nutrition |
| 9. Miami Ultra Marathon | 29. Pinnacle Racing |
| 10. Superior Electrolytes | 30. TBD |
| 11. Pursuit Rollerskis & Rollerski Shop | 31. Play it Again Sports |
| 12. Bernicks & Motion Pouch | 32. Play it Again Sports |
| 13. Finn Sis | 33. K2 Skate |
| 14. Finn Sis | 34. Roller Bob |
| 15. Tortoise & Hare Footwear | 35. WIC |
| 16. Tortoise & Hare Footwear | 36. Borah TeamWare |
| 17. Barkers Island/Suites Waterfront | 37. Borah TeamWare |
| 18. SNØ RACING | 38. Ski Hut |
| 19. Simmons Racing | 39. Finden Marketing |
| 20. NSIM TICKET DOOR PRIZE | 40. RollerBlade |

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and Woodland Marketplace
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Race Course Information

2026 Course Report - Todd Campbell, Retired MnDOT P.E.

Here is a brief description of what you can expect on the Northshore Inline Marathon course on September 19, 2026. As you'll see, there is a lot of road construction happening in the Duluth area, so some changes may occur right up to race day. For the most up-to-date information, attend the course update discussion at the expo on Friday evening.

Marathon start to mile 5.8

Owner - Lake County

No significant change since last year on all Lake County segments. The surface is slightly coarse but rolls well. Occasional dips and bumps. There are longitudinal cracks (parallel to direction of travel) about 10 feet either side of the centerline of the road. They are usually a bit worse on the right side. It's best to skate between the centerline and 10 feet out from either side.

Mile 5.8–6.1

Owner - Lake County

Knife River Bridge area. As always, there is a slightly diagonal joint to get on and off the bridge. The joints are covered during the race by thin metal plates. Be aware and balanced on both feet when crossing the plates.

Mile 6.1–6.8

Owner - Lake County

Pavement similar to the first segment. After passing the aid station and cresting the hill, the course curves left, runs under the railroad overpass, then curves right. The longitudinal cracks through this curving section (created by the paving joints) run down the middle of each driving lane. Be careful and try to avoid skating directly in these cracks.

Mile 6.8–14.5

Owner - St. Louis County

No significant change since last year. Pavement is relatively smooth with random rubber crack filler. At mile 12.5, the course crosses the French River. Use caution skating on and off the concrete deck and over the expansion joint near the south end. The transitions are perpendicular to the road and not as wide as at Knife River, so no steel plates are installed.

Mile 14.5–19.0

Owner - City of Duluth

No significant change since last year. Pavement still quite smooth.

Mile 19.0–19.5

Owner - MnDOT

4-lane section transitioning to 2-lane, up and over the Lester River. Good pavement, be careful near the white "fog line" on the outer edge of the driving lane.

Mile 19.5–22.9

Owner - MnDOT

London Road in Duluth, currently under major construction. Our Race Organization has been communicating with the MN DOT regarding the road construction project on London Road that affects our course route. Our municipal partners are working with us and their contractors to ensure a safe route for race day this year and new road surfaces coming in the future. The latest schedule for the road work is as follows:

- **60th to 40th** is likely to have the existing pavement with potholes patched for our event. This portion will likely only be a only a single lane wide, at times squeezing down to 12 feet wide.
- **40th to the top of Lemon Drop Hill** will be unchanged from 2025, and is scheduled to be worked on next summer.
- **The intersection of 26th and I35** will have a new configuration. A roundabout is scheduled for surfacing to begin September 9 and be completed by the 16th. We will have an update to confirm this the week of September 7th.

This will change the 10K turn around from the tight U-turn from one lane of the interstate to the other. Instead 10K athletes will take the London Road freeway exit and make a sweeping U-turn at the top of Lemon Drop Hill.
- **The Aid Station** in this area will shift to just past the crest of Lemon Drop Hill in the area we have the most width to work with.

Be careful and alert on this segment. The good news is that, as always, the road will be open to only race participants during our events, and next year we can expect new, smooth pavement!

Race Information

Mile 22.9–23.9

Owner - MnDOT

The start of the freeway to the first tunnel entrance. Still in good shape, with a few new patches. Stay in the driving lanes and off the shoulders.

Mile 23.9–24.9

Owner - MnDOT

Through the tunnels on concrete pavement. Similar to last year, holding up well with spots of relatively new concrete patching. Some skaters indicate a preference for one lane versus the other, but stay off the shoulders.

Mile 24.9–25.8

Owner - MnDOT

The frontage road adjacent to the freeway and up to 5th Avenue West. Relatively old bituminous pavement, still in decent shape, watch for cracks.

Mile 25.8 to the finish

Owner - City of Duluth

Similar to last year, old concrete with some bituminous patches, transitioning to relatively new and smooth bituminous for the final 1000 feet to the finish. The patches in the old concrete behind the DECC may be bumpy,

Some general notes for the entire course

- Rubber crack filler may be sticky on a hot, sunny day and slippery on a wet day.
- Paint stripes will be slippery when wet.
- Timing mats at the start, half marathon start, and finish area cause a bump-up. Be careful when crossing.
- Keep looking ahead for bumps, dips, loose stones or other hazards. Warn those behind you when you encounter these.
- Look for spots of loose gravel that may have been tracked onto the course from intersecting roads.

The organizers of our events would like to thank the owner agencies for patching, sweeping, and arranging construction schedules to allow for a fun and safe experience for all our participants.

Thank you all for joining us!



Race Information

First Aid

First aid is available on course and at the finish line. There are vans and motorcycles embedded in the race field on course to provide first aid assistance. Please be aware of these vehicles and give them space if they need to move quickly around the course to provide assistance. If you are treated for an injury that the medical team deems major, your bib will be taken off and you will be pulled from the course to be transported to the appropriate place for further treatment.

Toilets

Porta-potties will be provided at all starting line areas and along the course. Please take care of business BEFORE you head to the start line. The future of this race depends on participants respecting the property and rights of area residents and businesses.

Food and Water Stations

Water will be provided for participants throughout the course. There are five water stations along the race course. The stations are near marathon mile markers 6, 13, 17, 20, and 23. If you need more water or nutrition during the event, please carry it with you. If you slow or stop at a water station, please stay to the right to avoid collisions and congestion. Bernick's Beverages has generously donated all hydration products on the race course. A fabulous array of bananas, apples, oranges, cookies, gluten-free snacks, and chocolate milk will be available at the finish line. Thanks to Super One Foods for their generosity and continued support of the NorthShore Races!

Weather Statement

Our event is an outdoor event not held in an arena. The event will take place even if there is unpleasant weather. It is each participant's responsibility to be prepared for unpleasant weather and take appropriate action. However, safety is paramount.

In the event of Inclement Weather

We have a designated Weather Review Committee. The committee will review the weather forecast for a likelihood of inclement weather Friday Evening 7:00 pm to determine if there is a need to reconvene at 4:00 am Saturday to discuss either a delay prior to loading shuttle buses, continue on schedule with possibility to shelter in place as needed or cancel the event. If there is a need to reconvene at 4:00 am Saturday morning, our race organization will notify participants through our social media and website as early as practical on Friday evening. In the event of a 4:00 am meeting, our race organization will notify participants of the meeting decision through our social media and website and a participant email.

In the event of Shelter in Place

Marathon Start Buses | Evangelical Free Church | Earthwood Inn | Sonju

Half Marathon Start Buses | Clearwater Grill

10K Start DECC

Once a race or wave starts, NSIM will not put a hold on the racers who have started on account of weather. It is up to each racer on course to choose a safe manner to shelter from weather in the DECC at the finish line and/or find shelter from weather as appropriate on course.

Protest/Civil Unrest/Terrorism/Crime Event

Safety of all involved with the event is a priority. If such an event occurs, it will require a law enforcement response using applicable protocols. In the event of Protest/Civil Unrest/Terrorism/Crime the NSIM Race Organization will follow the lead and recommendations of law enforcement agencies.

Other Important Information

Helmets must be worn by wheeled participants at all times during the event. The chin strap must be buckled. Slower skaters stay to the far right of the roadway. Overtaking skaters announce themselves when passing on the left. All participants are expected to finish the event within 4 hours. The first of the Elite Marathon skaters will be near the finish line at approximately 9:45 am.



Dr. Joseph Benert, MD

Leading the medical team this year is Dr. Joseph Benert, MD, a specialist in Orthopedic & Sports Medicine. Dr. Benert is board-certified by the American Board of Physical Medicine and Rehabilitation and brings a wealth of expertise in treating acute and chronic musculoskeletal injuries, sports-related concussions, and peripheral nerve injuries. His training includes a Medical Degree from Loyola University Chicago's Stritch School of Medicine, a residency in Physical Medicine & Rehabilitation at the University of Minnesota, and a fellowship in Primary Care Sports Medicine at Maine Medical Center.

Dr. Benert believes that physical activity is one of the best ways to maintain health and quality of life. His philosophy of care centers on partnering with athletes to keep them doing what they love most. Outside of his practice, he enjoys spending time with his wife, daughter, and dog, as well as staying active through inline skating, paddle boarding, biking, and hiking. A Stillwater, Minnesota native, he also proudly cheers on the Minnesota Wild and Twins.

Aspirus Health Med Tent & Recovery Center

At the NorthShore Inline Marathon, athlete safety and recovery are top priorities. Thanks to our partners at Aspirus Health, participants will have access to both the Aspirus Health Med Tent and the Aspirus Health Recovery Center on race day.

The Med Tent will be fully staffed with medical professionals ready to address everything from minor injuries to more serious concerns. The Recovery Center will provide a space for athletes to rehydrate, cool down, and receive expert care after crossing the finish line. Together, these resources ensure that every participant can focus on giving their best effort with the peace of mind that world-class medical support is available when needed.



A photograph of two men jogging along a path next to a body of water. The man on the left is wearing a light green t-shirt and dark pants, while the man on the right is wearing a black t-shirt and blue shorts. They are both smiling and looking towards the right. In the background, a large steel truss bridge spans the water under a clear blue sky.

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PARTY PAGE

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COME SKATE WITH US!

NorthShore Inline Marathon

NorthShore Inline Marathon Start Times

World Inline Cup & Elite Mens	8:45 am
World Inline Cup & Elite Womens	8:50 am
Wave 1 & Combined Leg 2	9:00 am
Wave 2	9:02 am
Rollerblade Party Pace Wave	9:04 am
Wave 3	9:06 am
Wave 4	9:08 am
Wave 5	9:10 am

Time Requirement Policy

All event participants must be off of the Scenic Highway 61, across the Lester Bridge at 60th Ave East water station at mile 20 by 12:30 pm, and to the entrance of the freeway at 26th Avenue East water station at mile 23 by 1:00 pm. The entire course MUST be opened to traffic at 2:00 pm.

Start Line Transportation

Buses begin loading from the DECC parking garage area on Railroad St. for the Half Marathon events at 5:00 am, and Full Marathon event buses begin loading at 6:30 am. Please board promptly to ensure that everyone arrives at the start lines on time.

"No Skates or Rollerskis are allowed to be worn on the bus. Roller ski poles must be carried with tips down and stored with tips on the floor."

Start Line Bus Schedule

- WIC / Elite Marathon	6:30 - 6:45 am
- Waves 1-Party Pace	6:45 - 7:00 am
- Waves 3-5	7:00 - 7:55 am

(*Combined skaters should be given loading priority as their wave will start first.
Wave 6 skiers should wait until 7:10 am to board shuttle buses.)

Gear Bags

Gear bags will be provided in your race packet. Your bag MUST be tied securely and not overfilled. Place your gear bag in the assigned truck at the start line. *"You must wear shoes on the bus."*

Inline Marathon Elite gear bag truck will be in front of the start line and will depart at 8:30 am. Inline Marathon Advanced, Recreation, and Combined Waves gear bag truck will be behind the start line and will depart at 9:10 am. If you don't get your gear bag in the truck in time, notify a race volunteer and it can be delivered to the finish line/DECC. However, late drop bags may take hours to reach the finish line. NSIM is not liable for lost or damaged items, or items left along the course. Please do not include anything valuable or fragile in your drop bag.

Returning Skaters

A commemorative pin is earned by skaters who have finished 5, 10, 15, 20, 25, and 30 NorthShore Inline Marathons. Eligible skaters will find commemorative pins attached to their race packets the year after they finish the applicable year.

Bibs

Your race packet contains a custom bib with a disposable MyLaps chip. The custom bib with chip should be worn on your mid chest (above your belly button) and not be bent or crumpled. This will help the chip mat record you crossing the finish line. If you plan to possibly be bending over while crossing the finish line, try to place your bib where it will not be hidden between your thighs and torso. If you are a wheeled participant (skater or rollerskier), you will have a second black and white race number to be worn on your right hip. (See Packet for more information)

NorthShore Inline Marathon (Info)

Helmets/Protective Gear

Wheeled Participants (Skaters and Rollerskiers) must wear a helmet with a chin strap buckled at all times while racing in the event. We recommend a helmet that has not had time to degrade from age and that is certified by a helmet certification agency. Hard hats do not qualify as helmets. Wheeled participants may also want to consider wrist, hand or knee protection.

Event Overlap and Overtaking other Competitors

Our event has 14 distinct race starts and racers from one wave or event start may overlap racers from other waves or events. Slower competitors should stay to the right of the roadway so faster competitors can pass on the left. Overtaking competitors should announce passing on the left.

Race Cut off Times

All racers in our event must finish by 1:30 pm, which is about 4.5 hours after our last starter. There are cut off times on course at the last 2 water stops (12:30 pm and 1:00 pm respectively). If you fear you may be struggling with these cut off times, please consider switching to a shorter distance and enjoy your event experience.

Race Starters Not Finishing the Race

If your day is not going according to plan and you need to drop out, there will be a 15 passenger van sweeping the course and a bus at Lakewood Road to provide a ride to the finish. If you choose not to use these options to finish your race, you must inform an official of your drop out. This can be done with an embedded course assistance motorcycle, an embedded medical van, or one of the aid stations so that your exit can be radioed to our communications team at the finish line.

Skaters Cross Drafting

Cross drafting between genders is not allowed for WIC/Elite inline skaters competing for the top 15 overall and prize money. The lead women and a chase pack, if it forms, will be monitored for cross drafting. Cross drafting cannot be used to come back up to a leader/lead pack/primary chase pack if an athlete is dropped, and subjects all the cross drafters to possible disqualification. All athletes not competing or no longer competing for top 15 overall are allowed to cross draft, provided it does not potentially put an athlete in a position to finish top 15 in a gender of the WIC / Elite wave.

International Inline Marathon Championships

Only non-US citizens racing in the WIC/Elite Wave qualify to claim a title.

US National Inline Marathon Championships

Only US citizens racing in the WIC/Elite Wave qualify to claim a title.

WIC / Elite Wave Call Ups

Athletes with exemplary past results, as determined by the race jury, will be announced at the start and given a preferred starting position

WIC / Elite Waves

There are no age limitations in the WIC/Elite Waves, Elite Wave Starts are by invitation only. To win prize money or be National or International Champion, you must race in the WIC/Elite division.

All WIC/Elite division skaters will start in one wave by gender. Female and Male Overall, Juniors, and Masters will be ranked and National/International Juniors and Masters Champions* will be crowned in the following categories:

Overall Juniors 19 & Under | Masters 35-39 | Masters 40-49 | Masters 50-59 | Masters 60+ National and International Champions

* If a Masters' or Junior age athlete wins the overall National Championship in gender, they will be pulled from their respective Master's or Junior's age class results.

NorthShore Inline Marathon (Info continued)

Ankle Straps

WIC/Elite Wave Inline Skaters will have disposable ankle strap with a chip in it. All WIC/Elite wave skaters must start, finish, and skate the race with the chip on the ankle. Failure to properly wear the ankle strap will result in disqualification.

NSIM and WIC Policy on Russian Teams, Flags and Anthems

NSIM and WIC are honoring the IOC/ISU ban on Russian teams, flags, and anthems. Eligible athletes from Russia may only compete as individual neutral athletes and must compete without any national symbols. Eligible athletes may only compete as individuals and cannot represent any Russian teams.

Fair Play

NSIM and the Race Jury will follow and enforce the general rules of International Racing. Athletes are expected to participate using fair play.

Protest

In the event of a protest, the official complaint must be filled with the race secretary, Mike Erickson, who will be at the info booth, or a race referee on the jury.

- ★ The complaint must be in writing on a protest form available from the race secretary.
- ★ The protest filing process must start within 15 minutes of posting the initial WIC/Elite Wave top 30 results of both genders.
- ★ The initial WIC/Elite Wave Top 30 results of both genders will be posted online using live timing at: matchresults.com.



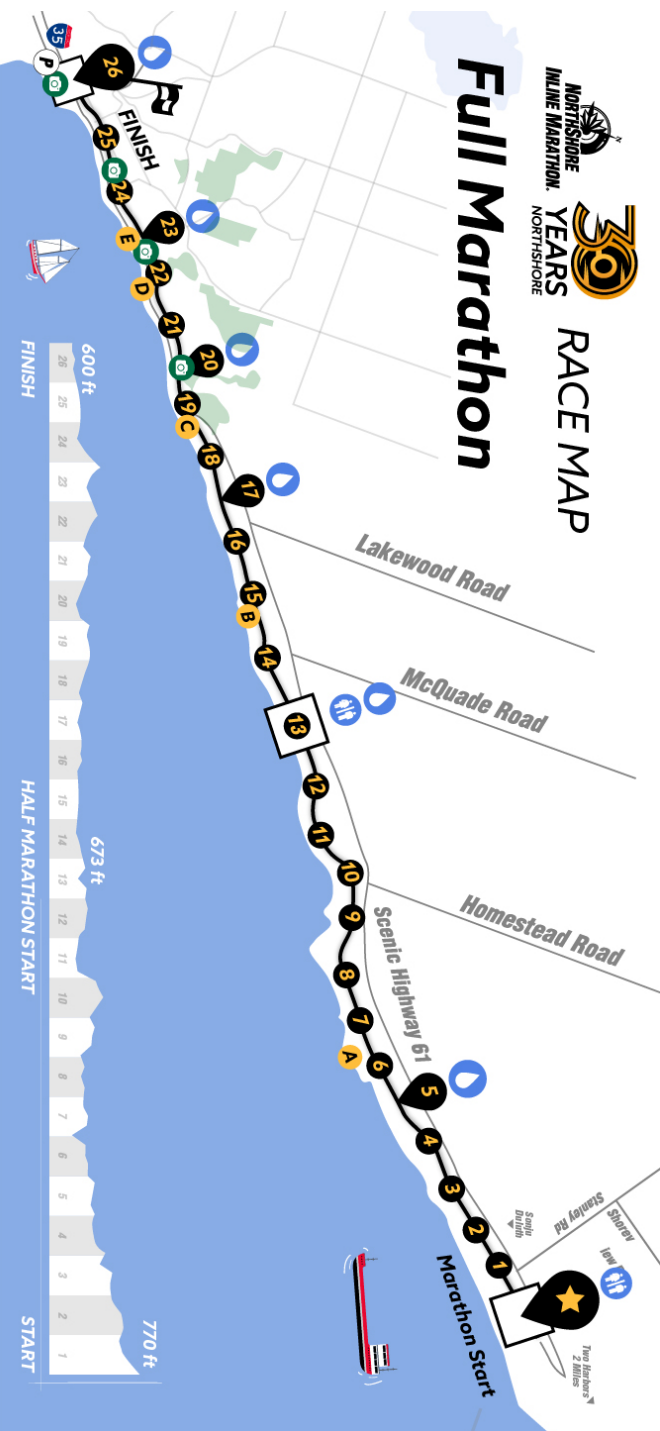
2026 NorthShore Jersey!

Get your 2026 30th Anniversary NorthShore Jersey at the merch expo booth.



***Proud Drink Partners of the
NorthShore Inline Marathon***

Full Marathon



KEY TIMES

5:15 AM Begin Loading:

(Half Marathon)

6:30-7:00 AM Elite Bus

6:45-7:15 AM Advanced Bus

7:00-7:45 AM Recreational Bus

★ Race Start

8:45 AM Elite Start

9:00 AM Advanced Start

9:04 AM Recreational Start

For more race information,
go to NorthShoreOnline.com

P Parking

Water Stop

Restroom

Starting Line

Photo Spot
Ambler Impressions

A Knife River

B McQuade Harbor

C Start of London Road

D Glensheen Mansion

E I-35 Tunnels

35

I-35

Highway St.

RV/
Comper

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Mike Lufholm Memorial Combined Event

About Our Friend Mike

Mike loved this community as much as the miles he put on his wheels, and he believed wholeheartedly in what the NorthShore Inline Marathon represents for skaters from near and far. He was a steady, familiar presence who welcomed newcomers, encouraged fellow racers, and shared stories that reminded us why we return to the shoreline each year. His passion for growing inline skating was genuine and quiet, shown through simple conversations, kind words, and a true sense of belonging. Mike helped make this event feel less like a race and more like a gathering of friends, and his spirit will remain part of our community every time we roll forward together.



Mike Lufholm Combined 39.3 Start Times

Leg 1	6:45 am
Leg 2	9:00 am

Combined skaters must finish no later than 7:40 am and must board the shuttle bus for leg 2 by 7:55 am. In no case can a combined skater start leg 2 after 9:10 am, as roads open on a rolling schedule and participating unsupported on open roads is not allowed.

Combined skaters are only eligible for combined awards. They will be pulled out of half and full results.

See half marathon and Northshore Inline Marathon pages for full information on each leg.

Record Holders

Northshore Inline Marathon

Men's – **Nolan Beddiaf** – 55:22.54 **2025**
Women's – **Laura Alejandra Perdomo Moreno**
– 1:04:49.56 **2025**

NorthShore Inline Half Marathon

Men's – **Eddy Matzger** – 38:38.61 **2025**
Women's – **Alissa Dinsmore** – 40:35.29 **2024**

NorthShore Inline Combined

Men's – **Antony Muse** – 1:54:19 **2024**
Women's – **Kacie Cleveland*** – 1:54:19 **2024**

NorthShore Inline Tunnel 10k

Men's – **Chad Wilson** – 24:36.88 **2021**
Women's – **Kacie Cleveland** – 25:11.29 **2019**

* Denotes **2-time Champion**

** Denotes **3-time Champion**

Aspirus Half Marathon

Men's – **Kyle Smith** – 1:14:28 **2019**
Women's – **Chelsea Youngberg*** – 1:21:52 **2024**

Finden Marketing Tunnel 10k (Run)

Men's – **Evan Walpole**** – 32:55 **2021**
Women's – **Karen Jones** – 41:54 **2024**

42k Rollerski

Men's – **Matt Liebsch** – 1:11:28 **2011**
Women's – **Emma Stertz** – 1:22:33 **2019**

21k Rollerski

Men's – **Ilya Kavetskiy** – 48:08.66 **2021**
Women's – **Kareena Bovitz** – 1:04:17 **2019**

Past Course Record (Held For 27 Years):

Men's – **Chad Hedrick** – 57:18 (1998)

Aspirus Health Half Marathon Run & NorthShore Inline Half Marathon

Start Times

NorthShore Inline Half Marathon Skate Start		6:45 am
Aspirus Health Half Marathon Run Start		7:00 am

Time Requirement Policy

All event participants must be off of the Scenic Highway 61, across the Lester Bridge at 60th Ave East water station at mile 7 by 12:00 pm, and to the entrance of the freeway at 26th Avenue East water station at mile 10 by 1:00 pm. The entire course MUST be opened to traffic at 2:00 pm.

Gear Bags

Gear bags will be provided in your race packet. Your bag MUST be tied securely and not overfilled. Place your gear bag in the assigned truck at the start line.

You must wear shoes on the bus.

The Aspirus Health Half Marathon gear bag truck will be behind the start line and will depart at 6:45 am. The NorthShore Inline Half gear bag truck will be in front of the start line and will depart at 6:30 am. If you don't get your gear bag in the truck in time, notify a race volunteer and it can be delivered to the finish line/DECC. However, late drop bags may take hours to reach the finish line. NSIM is not liable for lost or damaged items, or items left along the course. Please do not include anything valuable or fragile in your drop bag.

Start Line Transportation

Buses begin loading from the DECC, Railroad St. at 5:15 am. Please board promptly to ensure that everyone arrives at the start lines on time. The bus drop-off area is located on Scenic 61 and Ryan Road. There is no parking available at the start line. Athlete drop-off is at Ryan Rd. and Scenic 61. Keep in mind that it can still be dark when you arrive at the start line!

No Skates or Rollerskis are allowed to be worn on the bus. Rollerski poles must be carried with tips down and stored with tips on the floor.

Aspirus Health Half Marathon Run, Inline Half Marathon, buses load and leave 5:15 - 5:45 am

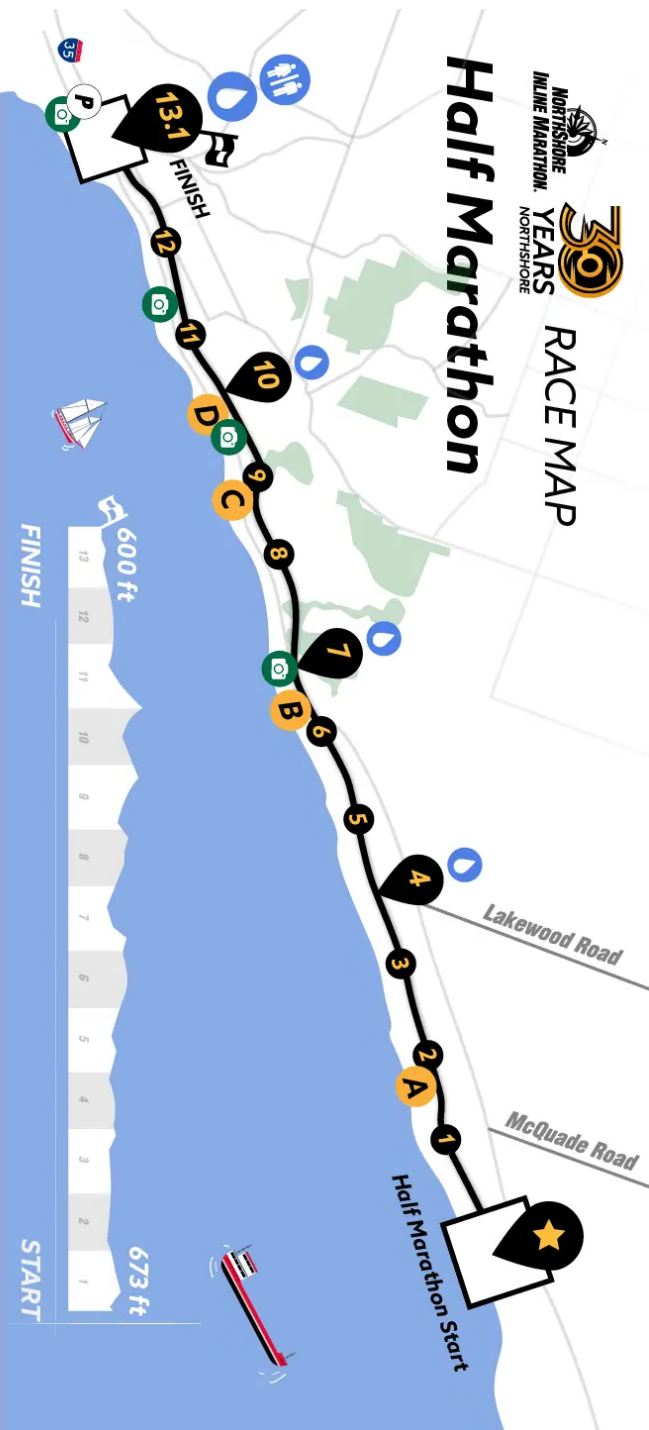
Water Stations

There are three water stations along the race course. The stations are near half marathon mile markers 4, 7, and 10. If you need more water or nutrition during the event, please carry it with you. If you slow or stop at a water station, please stay to the right to avoid collisions and congestion. Bernick's Beverages has generously donated all hydration products on the race course. A fabulous array of bananas, apples, oranges, cookies, gluten-free snacks, and chocolate milk will be available at the finish line. Thanks to Super One Foods for their generosity and continued support of the NorthShore Races!

Bibs

Your race packet contains a custom bib with a disposable MyLaps chip. The custom bib with chip should be worn on your mid chest (above your belly button) and not be bent or crumpled. This will help the chip mat record you crossing the finish line. If you plan to possibly be bending over while crossing the finish line, try to place your bib where it will not be hidden between your thighs and torso. If you are a wheeled participant (skater or rollerskier), you will have a second black and white race number to be worn on your right hip.

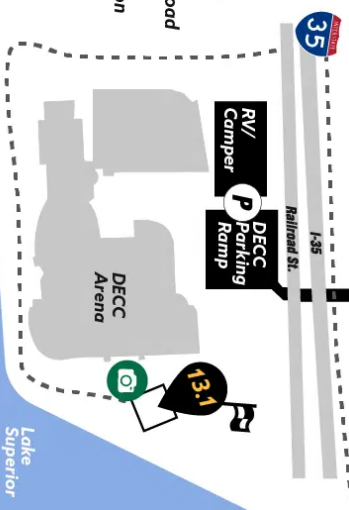
Half Marathon



KEY TIMES

- 5:15 AM** Begin Loading:
 - 6:45 AM** Race Start:
 - 8:30 AM-NOON** Race Expo
 - NOON** Run, Rollerski, 10k Skate, Half Marathon Skate Awards
 - 2:30 PM** Inline Marathon and Combined Skate Awards
- For more race information, go to NorthShoreInline.com

- Parking
- Water Stop
- Restroom
- Starting Line
- Photo Spot
- Knife River
- McQuade Harbor
- Start of London Road
- Glensheen Mansion
- I-35 Tunnels





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Finden Marketing Tunnel 10k Run & Tunnel 10k Skate

Start Times

Tunnel 10k Skate / Mass Start	7:45 am
Finden Marketing Tunnel 10k Run / Mass Start	8:00 am

The Race Course

The Tunnel 10k is a one-of-a-kind course that lets racers feel the thrill of running or skating on Interstate 35. This course starts near downtown Duluth and has racers journey their way through the tunnels of I-35 and back bringing them to the NorthShore events finish line.

Gear Bags

Racers can leave a drop bag in the DECC Expo area (inside Door 8) before going to the start line. Make sure your bag is cinched tightly and dropped off at the drop bag area right inside Door 8 before skating or jogging to the start line.

Getting to the Starting Line

There is no transportation provided to the Tunnel 10k Start Line. It is a short skate or walk from the DECC/ finish line area. Skaters are to enter from ahead of the start line (north side), and runners are to enter from behind the start line (south side).

NOTICE: we will have a start line guide to bring the group of participants to the start line at 7:15 am from the Info Table.

Water Stations

There is a water station located at the halfway point.

Bibs

Your race packet contains a custom bib with a disposable MyLaps chip. The custom bib with chip should be worn on your mid chest (above your belly button) and not be bent or crumpled. This will help the chip mat record you crossing the finish line. If you plan to possibly be bending over while crossing the finish line, try to place your bib where it will not be hidden between your thighs and torso. If you are a wheeled participant (skater or rollerskier), you will have a second black and white race number to be worn on your right hip. (See Packet for More Information)

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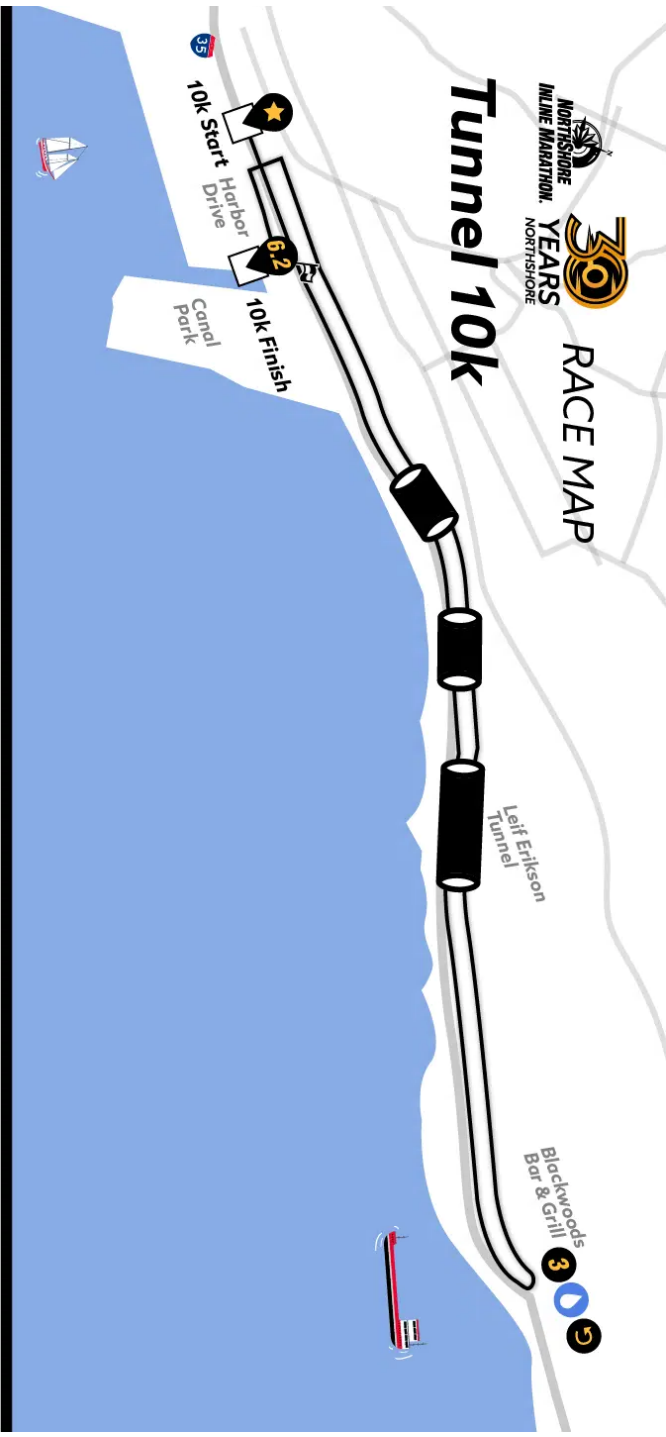
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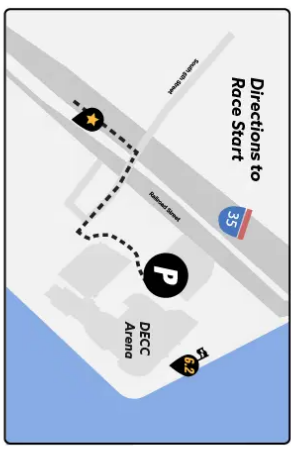
Tunnel 10k



KEY TIMES

- 7:45 AM** Skate Race Start 🌟
 - 8:00 AM** Run Race Start
 - 8:30 AM-NOON** Race Expo
 - NOON** Run, Rollerski, 10k Skate, Half Marathon Skate Awards
DECC South Pioneer Hall
 - 2:30 PM** Inline Marathon and Combined Skate Awards
DECC South Pioneer Hall
- For more race information, go to NorthShoreinline.com

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- Starting Line**
- Tunnels**





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FinnSisu Rollerski Marathon & Marwe Half Marathon Rollerski Information

Start Times

Marwe Rollerski Half Marathon Mass Start	6:50 am
FinnSisu Rollerski Marathon Mass Start	8:30 am
FinnSisu Rollerski Times NonCompetitive Marathon Tour Start	9:12 am

Time Requirement Policy

All event participants must be off of the Scenic Highway 61, across the Lester Bridge at 60th Ave East water station at mile 7/20 by 12:00 pm, and to the entrance of the freeway at 26th Avenue East water station at mile 10/23 by 1:30 pm The entire course MUST be opened to traffic at 2:00 pm.

The Race Course

Overtaking marathon skiers; PLEASE announce yourselves when passing on the left. Rollerski Marathon participants are expected to finish the event within 4 hours.

****ALL ROLLERSKI PARTICIPANTS please try to stay in the right lane of the road.
Yield to faster skaters who will pass on your left!****

Gear Bags

Your Race Packet contains a gear bag (or two if you are a combined racer - the white gear bag is for the half marathon leg of the combined event) with your race number attached if you are a half marathon or marathon participant. Your bag MUST be tied securely and should not be overfilled. Drop your gear bag at or in the assigned gear bag vehicle. NSIM is not responsible for damaged or lost items/gear. Do not put valuable or fragile items in your gear bag.

Getting to the Starting Line

Buses begin loading from the DECC, Railroad St. at 5:15 am. Please board promptly to ensure that everyone arrives at the start lines on time. The bus drop-off area is located on Scenic 61 and Ryan Road. There is no parking available at the start line. Athlete drop-off is at Ryan Rd. and Scenic 61. Keep in mind that it can still be dark when you arrive at the start line!

****No Skates or Rollerskis are allowed to be worn on the bus. Rollerski poles must be carried with tips down and stored with tips on the floor.****

Marwe Rollerski Half Marathon Bus Departure	5:15–5:45 am
FinnSisu Rollerski Marathon Bus Departure	6:30–6:45 am
FinnSisu Rollerski Times NonCompetitive Tour Bus Departure	7:00–7:55 am

Water Stations

Water will be provided for competitors at the start and finish. There are five water stations along the race course. The stations are at approximately mile marker 6, 13, 17, 20, and 23. If you need more water or nutrition during the event, please carry it with you. If you slow or stop at a water station, please stay to the right to avoid collisions and congestion. Bernick's Pepsi has generously donated all hydration products on the race course.

Bibs

Your race packet contains a custom bib with a disposable MyLaps chip. The custom bib with chip should be worn on your mid chest (above your belly button) and not be bent or crumpled. This will help the chip mat record you crossing the finish line. If you plan to possibly be bending over while crossing the finish line, try to place your bib where it will not be hidden between your thighs and torso. If you are a wheeled participant (skater or rollerskier), you will have a second black and white race number to be worn on your right hip. (See packet for more information)

Spectator Information

Road Closures

I-35 will be shut from Mesaba Ave to MN61/London Road. London Road will close from 26th Ave East to the Scenic Highway, which will be closed between Two Harbors and Duluth. Closures run from 6:00am until 2:00pm. Detours are through Duluth streets and MN Hwy 61 Expressway. On the expressway near Two Harbors, one lane is for shuttle buses, the other for through traffic. **Don't stop/drop off skaters; instead use the gravel park and ride lot near Two Harbors' business district.**

Parking and Directions

Spectator parking is limited. The only lot accessible to the course is located at the McQuade Harbor Boat Launch area, and may be filled with boaters. Other spectator course access will need to be from side streets and require parallel parking on narrow roads with ditches. Use caution and respect the property of the land owners you may be parking in front of.

Start Times

Half Marathon Skate Race Start	6:45 am
Marwe Half Marathon Rollerski Race Start	6:50 am
Aspirus Health Half Marathon Run Race Start	7:00 am
Tunnel 10k Skate Race Start	7:45 am
Finden Marketing Tunnel 10k Run Race Start	8:00 am
FinnSisu Rollerski Marathon Race Start	8:30 am
NorthShore Inline Marathon Race Start	8:45 am

Expected Champion Finish Times

Men's Skate Marathon Finish Time:	9:40 am
Women's Skate Marathon Finish Time:	9:50 am
Men's Aspirus Health Half Marathon Run Finish Time:	8:05 am
Women's Aspirus Health Half Marathon Run Finish Time:	8:10 am
Men's Half Marathon Skate Finish Time:	7:26 am
Women's Half Marathon Skate Finish Time:	7:26 am
Men's Finden Marketing Tunnel 10k Finish Time:	8:30 am
Women's Finden Marketing Tunnel 10k Finish Time:	8:35 am
Men's Tunnel 10k Skate Finish Time:	8:05 am
Women's Tunnel 10k Skate Finish Time:	8:08 am
Men's FinnSisu Marathon Finish Time:	9:35 am
Women's FinnSisu Marathon Finish Time:	9:45 am
Men's Marwe Rollerski Half Marathon Finish Time:	7:25 am
Women's Marwe Rollerski Half Marathon Finish Time:	7:30 am

Spectator Map



Featured Viewing Spots

- | | | |
|--------------------------|-------------------------|----------------------------|
| 1 Starting Line | 7 Homestead Road | |
| 2 Isackson Road | 8 Ryan Road | 13 60th Ave. |
| 3 Larsmont School | 9 McQuade Harbor | 14 54th Ave. |
| 4 Salakka Road | 10 Lakewood Road | 15 40th Ave. |
| 5 Knife River | 11 Chase Avenue | 16 Glensheen |
| 6 2502 | 12 Scenic HWY | 17 Lemondrop Hill |
| | | 18 Highway overlook |
| | | 19 DECC Overlook |
| | | 20 Final Off Ramp |
| | | 21 Final Bend |
| | | 22 Finish Line |

10k

19 DECC Overlook

Enjoy views of the lake and racers from this elevated vantage point.

17 Lemondrop Hill

Witness the thrill as racers tackle this challenging incline.

21 Final Bend

Get up close as racers make their final push to the finish line.

Half Marathon

16 Glensheen

Marvel at the historic Glensheen mansion backdrop as racers zoom by.

20 Final Off Ramp

Feel the anticipation build as racers approach the final leg with a big push.

22 Finish Line

Experience the emotion and energy as racers complete their half marathon journey.

Full Marathon

2 Isackson Road

Enjoy the rustic charm and serene surroundings as racers pass this peaceful spot.

5 Knife River

A picturesque location where the sounds of the rushing river and cheering fans combine.

8 Ryan Road

Capture the determination of racers as they approach the marathon's final stages.



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Race Results & Award Ceremonies

Results

The NorthShore utilizes Mtech Results for our result website. This can be found at mtecreresults.com or results can also be found at our info booth at the expo. Your official results will be found on Mtec and is what our team uses when selecting winners for each event.

Online Race Results

Online race results are unofficial until all racers have finished and the results have been reviewed and approved by the race jury. Until they become official, they are subject to change. If your online results appear to be in error, please see our race secretariat team at the expo info/help desk as soon as possible to start work on examining your issue. Once the results go official and our awards ceremony takes place, we will not be adjusting awards.

Age Division Breakdown

Age divisions vary by event. Overall age group and/or division awards for each race will be recognized at the applicable awards ceremony. For a full list of awards categories, please see our website: northshoreinline.com/awards.

Award Ceremonies and Pick Up

Aspirus Health Half Marathon Top 3 Overall Run Awards	11:30
Aspirus Health Half Marathon Age Group Awards	12:00-2:00*
Finden Marketing Tunnel 10k Run Awards	12:00-2:00*
FinnSisu Rollerski Marathon Top 3 Overall Awards	11:30
FinnSisu Rollerski Marathon Age Group Awards	12:00-2:00*
Marwe Half Marathon Rollerski Awards	12:00-2:00*
NorthShore Inline Marathon WIC and Elite Wave Awards	11:30
NorthShore Combined Skate Awards	11:30
NorthShore Inline Marathon All Timers Recognition	11:30
NorthShore Inline Marathon Non-Elite Age Group Awards	12:00-2:00
Tunnel 10k Skate Awards	12:00-2:00
NorthShore Inline Half Marathon Skate Awards	12:00-2:00
Team Awards & Corporate Team Awards	Will Be Mailed Out

** These awards will be available for pickup between 12:00 – 2:00 pm. Pick up at your leisure. There will be a photo opportunity available when you pick up your award.*

Race Photos

The NorthShore has hired a photography service to be along our race course to take photos of those participating in our event. You will receive an email when these photos are ready so racers can find themselves. For more information check our website at northshoreinline.com



2026 NSIM Award Groups

Inline Awards

WIC/Elite Inline Marathon Wave -

We will have one start per gender with call ups for past champions, National team skaters, etc. All skaters racing in the Elite Wave are eligible for the overall podium, prize money and US International Master's/Junior National Champion age group awards as applicable. Those not racing in the elite wave are not eligible for the overall podium, prize money and US International Master's/Junior National Champion awards.

Awards (are top females and males) in the following Age divisions -

- Overall/Open (prize money payout to the top 5 females and males, **1st-\$1000, 2nd-\$500, 3rd-\$300, 4th-\$150, 5th-\$100**)
- Juniors (U20) ages 1-19
- Masters (Those turning 35 prior to Race Day) 35-39, 40-49, 50-59, 60+
- All Elite division US passport holders are eligible for claiming the US National Inline Marathon Champion title in their respective division, Overall, Juniors or Masters. Non-US passport holders are eligible to claim the International NSIM Championship title.
- All ages are eligible for the overall podium and prize money. There are no prize money payouts for the Junior or Masters Age divisions. International and National Championship Jerseys will be awarded to the fastest American and International athletes Overall and in each Masters/Junior age class.

Non Elite Wave Inline Marathon Event age group awards (Elite Wave Racers are not eligible for these age group awards)

Age Group Awards (are top 3, female and male) in the following Age divisions - 15 & Under, 16-17, 18-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85+
Plus a Quad division in a single open age group division.
(Top 3 female and male)

Plus a Non-Binary division in a single open age group division (Top 3).

Inline Half Marathon Event-

Awards (are top 3, female and male overall, pulled out of age groups) in an open age division and then (top 3, female and male) in the following Age divisions: 15 & Under, 16-17, 18-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+

Plus the Quad division in a single open age group division, female and male. (First Place ONLY)

Plus a Non-Binary division in a single open age group division (Top 3).

Inline 10K Event-

Awards (are top 3, female and male) in an open age division and then awards for junior age groups, female and male, of 10& under, 11-12, and 13-14.



2026 NSIM Award Groups Continued

Inline Combined (Both Half and Full Marathons) Event-

Awards (are top 3, female and male) in a single open age division per gender, there are no age group awards in this event. These racers are not eligible for half or full marathon specific awards.

Running Half Marathon Event-

Awards (are top 3, female and male overall, pulled out of age groups) and the following Age divisions - 15-Under, 16-17, 18-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+
Plus a Non-Binary division in a single open age group division (Top 3).

Running 10K Event-

Awards (are top 3, female and male overall, pulled out of age groups) in the following Age divisions - 15-Under, 16-17, 18-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+

Roller Skiing 42K Event-

Awards (are top 3, female and male) in an open age division and then awards for a junior age group, female and male, of 19 and under (U20).

Plus a Non-Binary division in a single open age group division (Top 3).

Roller Skiing Half Marathon Event-

Awards (are top 3, female and male) in an open age division and then awards for junior age groups, female and male, of 15 & under, and 16-19.



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2026 NSIM Award Groups Continued

Team Awards

Inline Skating Full Marathon Teams

Divisions: Male, Female, and Co-Ed

Any Race Team, Skate Club or other formal or informal group of skaters can create a team to compete in this Male and Female division. Requirements are:

1. The total times from the top 5 skaters in each team will be combined to compete for an award
2. The team with the lowest time after the 5 are added up wins

Any Race Team, Skate Club or other formal or informal group of skaters can create a team to compete in this Co-Ed division. Requirements are:

1. Two Male and Two Female skaters must be included in the total times
2. The total times from the top 5 skaters in each team will be combined to compete for an award
3. The team with the lowest time after the 5 are added up wins

Aspirus St. Luke's Half Marathon Run Teams

Any Race Team, Running Club or other formal or informal group of runners can create a team to compete in this Co-Ed division. Requirements are:

1. Two Male and Two Female runners must be included in the total times
2. The total times from the top 5 runners in each team will be combined to compete for an award
3. The team with the lowest time after the 5 are added up wins

Largest Club Team Award

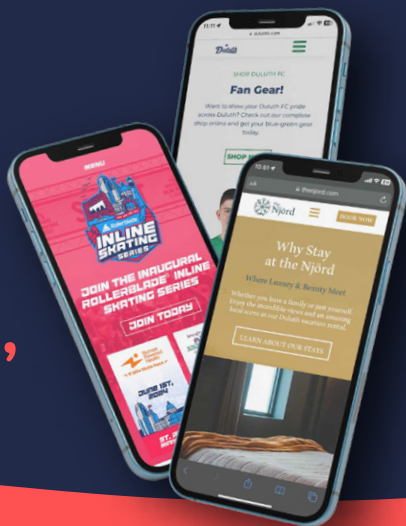
Any Race Team, Club or other formal or informal group of participants can create a team to compete for this award. Requirements are that the Team must be registered through RunSignUp and managed according to the team rules. The largest Club Team will be awarded to the team with the most race registrants across all race events, disciplines and distances.

Largest Corporate Team Award

In order to promote corporate health and wellness programs, this award has been created. Any organization wishing to promote wellness within their staff can create a corporate team of its employees and their families to compete for this award. This award is run on the honor system, and it is the responsibility of each Corporate Team to comply with the spirit of the award. Requirements are that the Corporate Team must be registered through RunSignUp and managed according to the Corporate Team rules. If your team is a corporate team, but the you did not specify your team was a corporate team, please manage your team in runsignup and change it to "Corporate Team". The Corporate Team Award will be awarded to the Corporate Team with the most race registrants across all race events, disciplines and distances.



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Meet the 2026 Board of Directors & Staff

FULL BIOS AVAILABLE ON 'OUR TEAM' WEBSITE PAGE

Board of Directors

Connie Ecklund - Chair

Tone Coughlin - Vice Chair

Jana Davis - Secretary

Dan Collins - Treasurer

Todd Campbell - Past Board Chair

Scott Soderberg - Past Board Chair

Pat Melby

Greg Ash

NorthShore Inline Marathon Staff

Joe Haggemiller - Director of Operations

Joe was an elite Birkie skier with 20 races under his belt and is a past master's National Champion in cross country skiing. In 2003, he switched careers and became the Head Coach of Cross Country Running, Nordic Skiing and Track and Field for the Michigan Tech Huskies in Houghton, MI, where he coached the first NCAA All Americans in program history. He served as Head Coach at Tech until 2017, when his family relocated to Duluth, where they have thrived. From 2017 to 2021 Joe was the Director of Sport Development for Central Cross Country Skiing, where he both continued as a coach and worked with enhancing events CXC sanctioned. In his spare time Joe continues to coach cross country skiing as the program director of Terra Del Nord Ski de Fondo and as a coach of the Midwest Junior National Ski Team.

Nick Madison - Expo/Awards/Start Area Mechanic

Nick is a senior from Mora, MN studying at the University of Minnesota Duluth. He is studying Communication Science. Nick is an active member of the club Tennis Team. He enjoys sports, including playing pick up hockey, and the outdoors.

Marge and Gary Swor - Managers of Packet Pick Up

Mike Erickson - Data Master/Race Secretary

Isaac Kasper - Chief of Course

Bud Trnka - Chief of Finish

Nick Drye - Intern



To learn more about our team, its alumni, and each person's bio, see this link:

www.northshoreinline.com/ourteam

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2027



Next Year's Race Date

SEPTEMBER 18TH, 2027

The background of the advertisement features two yellow and black roller skis lying diagonally on a dark asphalt surface. The skis have black wheels and the brand name 'MARWE' is printed in large black letters on the yellow body. A small red logo is also visible on the skis.

finnsisu

SKI & SAUNA

**Marwe Roller
Skis starting at
\$350**

651-645-2443
www.finnsisu.com

2436 LARPEN TEUR AVE W
LAUDERDALE MN 55113



Have an amazing race!

Thank you for joining us!

NorthShoreInline.com